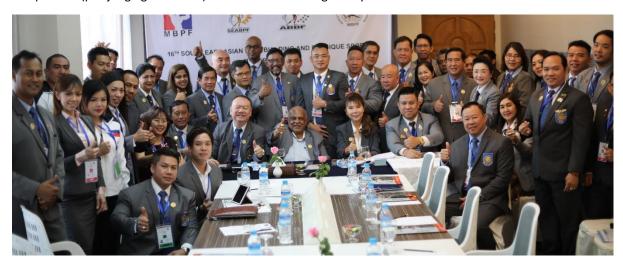
## 16TH SOUTH EAST ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS 2019

## 16TH TO 21ST MAY 2019, YANGON, MYANMAR

The 16th South East Asian Bodybuilding and Physique Sports Championships were one of the best in the series of this regional competition which was held in Yangon, Republic of the Union of Myanmar. It was held from 16th to 21st May 2019. All official and competitors were housed at the Hotel Yangon and the two days competition (pre-judging and finals) were held at the Yangon City Convention Centre.



10 South East Asian Countries participated viz: BRUNEI, CAMBODIA, LAOS, INDONESIA, MALAYSIA, THAILAND, VIETNAM, SINGAPORE, PHILIPPINES and MYANMAR and about 150 athletes and 70 officials were in attendance for this regional competition.



The President of WBPF and ABBF Datuk Paul Chua and his Executive Director Ms Christina Y. Kam attended as the VIP guest for this event. In addition the Vice-President of ABBF and Secretary General of WBPF/ABBF China Mr Gao Shengge was invited to officiate as a neutral judge and also the Chairman of the Organising Committee of the 53rd Asian Bodybuilding and Physique Sports Championships Mr Zhao Cheng from the People's Republic of China was invited as a special guest to witness this event. 6 (six) Chinese officials from China also attended to witness and study the organisation of this competition for their upcoming 53rd Asian event in Hohhot City, Inner Mongolia, China. At the same time, all six of them took their judging examination and passed with colours.

Many high officials from the Government of Myanmar were present during the welcome party and at the competition venue and they fully supported this event. Yangon RegionMinister for Development, Chairman of

the Yangon City Development Committee and Mayor of Yangon, His Excellency U Maung Maung Soe was present at the welcome party



Several other Ministers were present including U Phyo Min Thein Chief Minister of Yangon Region Government and the competition was organised very efficiently without any hitch whatsoever...the best ever.



Myanmar athletes were surprised everyone by winning 11 Gold Medals including the Team Championships for Man and Woman...the first time in the history of the sport in this country.

## **MEN'S JUNIOR BODYBUILDING OPEN CATEGORY**



## **MEN'S BODYBUILDING 55 KG**



## **MEN'S BODYBUILDING 60 KG**



## **MEN'S BODYBUILDING 65 KG**



## **MEN'S BODYBUILDING 70 KG**



## Men's Bodybuilding 75 kg



## **MEN'S BODYBUILDING 80 KG**



## **MEN'S BODYBUILDING OVER 80 KG**



## **MEN'S MASTER BODYBUILDING OVER 45 YRS**



## **MEN'S ATHLETIC PHYSIQUE UP TO 160 CM**



## **MEN'S ATHLETIC PHYSIQUE UP TO 167 CM**



## **MEN'S ATHLETIC PHYSIQUE OVER 167 CM**



	88	Muammar Gaddafi Bin Muhamad Hussain	Malaysia	41	41	9th
	85	Jeremy Yeoh	Singapore	50	50	10th

## **WOMEN'S ATHLETIC PHYSIQUE UP TO 160 CM**



## **WOMEN'S ATHLETIC PHYSIQUE OVER 160 CM**



## **MEN'S SPORTS PHYSIQUE UP TO 170 CM**



## **MEN'S SPORTS PHYSIQUE OVER 170 CM**



## **WOMEN'S MODEL PHYSIQUE UP TO 160 CM**



## **WOMEN'S MODEL PHYSIQUE UP TO 165 CM**



## **WOMEN'S MODEL PHYSIQUE OVER 165 CM**



#### MEN'S FITNESS PHYSIQUE OPEN CATEGORY



## **WOMEN'S FITNESS PHYSIQUE OPEN CATEGORY**



## **MIXED PAIRS CHAMPIONSHIP**



## **WOMEN'S TEAM CHAMPIONSHIP**



PLACE	COUNTRY	SCORE	
1ST	Myanmar	300	
2ND	Thailand	115	
3RD	Vietnam	100	

# **MEN'S TEAM CHAMPIONSHIP**



## MR. SOUTH EAST ASIA









1-21st ,	1AR COVENTIC	HAMBON	
NO.	COMPETITIOR	COUNTRY	
34	Zorizal Bin Haji Johari	Brunei	